# **SUN SMART POLICY**

### Rationale:

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.
- This policy has been developed with advice/reference to the Cancer Council of Victoria.

#### Aims:

- To educate students as to suitable sun smart protection strategies.
- To actively promote and encourage children and teachers to protect themselves from the harmful effects of the sun.

## **Implementation:**

- This policy is implemented from the beginning of 4<sup>th</sup> Term until the end of 1<sup>st</sup> Term and will be encouraged at other times where deemed necessary.
- No hat = No outdoor play
- No hat on excursion days no attendance
- Children who do not have a hat must remain in a sheltered area outside Foundation and Performing Arts rooms and are not allowed to play in any other shaded areas.
- The availability of shaded areas will be considered when planning outdoor activities and excursions
- Parents must supply a navy blue broad brimmed hat for their child from the start of 4<sup>th</sup> term to the end of Term 1.
- Appropriate sun protection clothing is to be considered in the school uniform/dress code.
- Children are encouraged to wear appropriate clothing (covering as much skin as possible) for outdoors.
- Children who do not have appropriate clothing or hats are not allowed to play in areas not shaded.
- Parents are responsible for supplying 30+ (or greater) sunscreen for their children. The school will maintain a supply of sunscreen for outdoor activities and will be found in First Aid Kits and supplied to Classrooms at the beginning of each year.
- Children will be encouraged to reapply sunscreen should it be required.
- Staff will be positive role models by wearing hats, sunglasses and clothing outdoors, applying sunscreen regularly and seeking shade whenever possible
- The school, when conducting outdoor activities will take particular care between 10am -2.00 pm (11am-3pm daylight savings time) when UV index levels reach their peak
- In the event of extreme high temperatures, a 'Hot Day' timetable will operate where children will be offered indoor activities in their classrooms to minimise the time that students are outside in the middle of the day
- Staff will ensure that the Sun Smart policy is reflected in the planning of all outdoor activities

#### **Evaluation:**

• This policy will be reviewed as part of the school's review cycle.

Date:	Responsibility: School Council	Review Date: